

**MAINE STATE INDOOR TRACK CHAMPIONSHIPS 2016 CLASS A
FIELD EVENTS**

**12:00 GIRLS POLE VAULT BOYS
 HIGH JUMP BOYS SHOT PUT
 GIRLS LONG JUMP**

**1:30 GIRLS HIGH JUMP BOYS
 LONG JUMP**

**3:00 GIRLS SHOT PUT BOYS POLE
 VAULT
 GIRLS TRIPLE JUMP (FOLLOWED BY BOYS) TRACK**

EVENTS

12:30 4 x 800 RELAY

**1:30 55 M HURDLES TRIALS B-G (Heat winners plus to finals)
 55 M DASH TRIALS (Heat winners plus to finals)**

2:25 NATIONAL ANTHEM

2:30 55 M HURDLES FINALS G- B

2:40 55 M DASH FINALS

2:45 MILE RUN

3:15 400 M RUN

3:45 800 M RUN

4:00 200 M DASH

4:30 2 MILE

5:00 4 X 200

**GIRLS FIRST IN ALL EVENTS EXCEPT FOR 55 M HURDLE TRIALS EVENTS
WILL NOT BE RUN AHEAD OF SCHEDULE**

USM - GORHAM DIRECTIONS:

**From the NORTH - Maine Turnpike to Westbrook Exit. Follow Rt. 25 to Gorham.
At Gorham Center, turn right onto Rt. 114. Take second left onto campus. The field house is
straight ahead.**

**From the SOUTH - Maine Turnpike to Scarborough Exit. Turn left after tollbooth onto
Payne Rd. At second traffic light turn left onto Rt. 114 west. Follow Rt. 114 to Gorham Center
(intersection of Rt. 25). Go straight through intersection. Take second left onto campus. The
field house is straight ahead.**